

UNITED STATES DISTRICT COURT FOR THE EASTERN DISTRICT OF
CALIFORNIA

Reyes Carrasco Valladares v. Commissioner of Social Security

No. 1:24-cv-00913-GSA (E.D. Cal. Apr. 16, 2025) · No. 1:24-cv-00913-GSA · Decided April 17, 2025

SUMMARY

The United States District Court for the Eastern District of California affirmed the Commissioner of Social Security’s denial of Reyes Carrasco Valladares’s application for disability insurance benefits. The court held that substantial evidence supported the ALJ’s evaluation of Valladares’s subjective complaints, the opinion of Dr. Torres, and the residual functional capacity determination. The court denied Plaintiff’s motion for summary judgment, granted Defendant’s cross-motion, and directed entry of judgment for the Commissioner.

CASE DETAILS

COURT	United States District Court for the Eastern District of California
WRITING FOR THE COURT	Gary S. Austin
JURISDICTION	United States District Court for the Eastern District of California
DECIDED	April 17, 2025
DOCKET	1:24-cv-00913-GSA
DISPOSITION	other
PROCEDURAL POSTURE	Plaintiff sought judicial review under 42 U.S.C. § 405(g) of the Commissioner's denial of his application for disability insurance benefits. The parties filed cross-motions for summary judgment.
STANDARD OF REVIEW	The court reviews the Commissioner's decision under 42 U.S.C. § 405(g) and must affirm if the ALJ applied the correct legal standards and the decision is supported by substantial evidence. Substantial evidence is more than a scintilla but less than a preponderance and is evidence that could lead reasonable minds to accept the conclusion. The court considers the record as a whole and may not substitute its judgment where the evidence reasonably supports two conclusions. Harmless error does not require reversal when the error is inconsequential to the ultimate nondisability determination.
PRECEDENTIAL VALUE	unpublished district court opinion; precedential status unknown

PARTIES

Reyes Carrasco Valladares v. Commissioner of Social Security

TOPICS

judicial review of agency action

administrative law

agency adjudication

PRACTICE AREAS

Social Security disability benefits

administrative law

judicial review of agency action

QUESTIONS PRESENTED

1. Whether the ALJ properly evaluated Plaintiff's testimony concerning his mental and physical symptoms.
2. Whether the ALJ properly evaluated Dr. Ann Marie Torres's mental-health opinion and incorporated its assessed limitations into the residual functional capacity.
3. Whether the ALJ erred by failing to expressly evaluate Dr. Rachna Soriano's physical-function opinion.
4. Whether substantial evidence and applicable law supported the ALJ's finding that Plaintiff was not disabled.

HOLDINGS

1. The ALJ's nondisability determination was supported by substantial evidence and applicable law.
2. The ALJ provided sufficiently specific, clear, and convincing reasons for discounting Plaintiff's testimony about the severity of his mental and physical symptoms.
3. The ALJ did not err in finding Dr. Torres's opinion generally persuasive or in limiting Plaintiff to non-complex work requiring simple, routine tasks.
4. The ALJ's failure to expressly evaluate Dr. Soriano's opinion was not error because the opinion addressed a prior disability claim and did not apply to the period under review.

KEY QUOTATIONS

"If the evidence could reasonably support two conclusions, the court "may not substitute its judgment for that of the Commissioner" and must affirm the decision." (at 3)

"An ALJ's evaluation of a claimant's testimony must be supported by specific, clear and convincing reasons." (at 4)

"For the reasons stated above, substantial evidence and applicable law support the ALJ's conclusion that Plaintiff was not disabled." (at 8)

FACTUAL BACKGROUND

Plaintiff alleged disability beginning January 9, 2021, based principally on dizziness, neurological and somatic symptoms, anxiety, depression, and spinal impairments. The ALJ found severe impairments consisting of degenerative disc disease of the lumbar, cervical, and thoracic spine, vertigo, anxiety, and depression, but

determined that Plaintiff retained the residual functional capacity for light work with postural, environmental, and simple-routine-task limitations. The record included largely normal mental-status findings, some improvement in dizziness and self-reported anxiety and depression, and varying physical examination findings concerning Plaintiff's lumbar condition.

PROCEDURAL HISTORY

Plaintiff applied for disability insurance benefits on August 4, 2021. The agency denied the application initially and on reconsideration; following an October 17, 2023 hearing, the ALJ issued an unfavorable decision on December 1, 2023. The Appeals Council denied review on July 2, 2024. The district court denied Plaintiff's motion for summary judgment, granted the Commissioner's cross-motion, and directed entry of judgment for Defendant.

DISPOSITION

other

CASES CITED

- Tackett v. Apfel, 180 F.3d 1094, 1097 (9th Cir. 1999)
- Richardson v. Perales, 402 U.S. 389, 401 (1971)
- Saelee v. Chater, 94 F.3d 520, 522 (9th Cir. 1996)
- Robbins v. Social Security Admin., 466 F.3d 880, 882 (9th Cir. 2006)
- Jamerson v. Chater, 112 F.3d 1064, 1066 (9th Cir. 1997)
- Tommasetti v. Astrue, 533 F.3d 1035, 1038 (9th Cir. 2008)
- Garrison v. Colvin, 759 F.3d 995, 1011, 1014 (9th Cir. 2014)
- Magallanes v. Bowen, 881 F.2d 747, 751 (9th Cir. 1989)
- Smolen, 80 F.3d at 1281-82
- Burrell v. Colvin, 775 F.3d 1133, 1136 (9th Cir. 2014)
- Rollins v. Massanari, 261 F.3d 853, 857 (9th Cir. 2001)
- Orn v. Astrue, 495 F.3d 625, 638 (9th Cir. 2007)
- Valentine v. Commissioner Social Sec. Admin., 574 F.3d 685, 693 (9th Cir. 2009)
- Thomas v. Barnhart, 278 F.3d 947, 958 (9th Cir. 2002)
- Bunnell v. Sullivan, 947 F.2d 341, 345-46 (9th Cir. 1991)
- Henry v. Colvin, No. 1:15-CV-00100-JLT, 2016 WL 164956, at *18 (E.D. Cal. Jan. 14, 2016)

OPINION

(SS) Valladares v. Commissioner of Social Security

PER CURIAM.

UNITED STATES DISTRICT COURT

EASTERN DISTRICT OF CALIFORNIA

3 4 Reyes Carrasco Valladares, No. 1:24-cv-00913-GSA 5 Plaintiff, 6

v. OPINION & ORDER DIRECTING ENTRY

7 OF JUDGMENT IN FAVOR OF

Commissioner of Social Security, DEFENDANT AND AGAINST PLAINTIFF 8 (Doc 11, 15) 9
Defendant. 10 11 I. Introduction 12 Plaintiff Reyes Carrasco Valladares appeals the decision of the
Commissioner of Social 13 Security denying his application for disability insurance benefits under
Title II of the Social 14 Security Act.¹ 15 II. Factual and Procedural Background 16 On August 4,
2021, Plaintiff applied for disability insurance benefits. The agency denied 17 the application
initially and on reconsideration. The ALJ held a hearing on October 17, 2023. AR 18 54–76. The
ALJ issued an unfavorable decision on December 1, 2023. AR 17–40. The Appeals 19 Council
denied review on July 2, 2024 (AR 1-9) and this appeal followed. 20 III. The Disability Standard
21 Under 42 U.S.C. §405(g), this court has the authority to review the Commissioner’s denial 22
of disability benefits. Reversal is appropriate when the ALJ’s findings are based on legal error or
23 unsupported by substantial evidence.” *Tackett v. Apfel*, 180 F.3d 1094, 1097 (9th Cir. 1999). 24
Substantial evidence is that which could lead reasonable minds to accept a conclusion. See 25
Richardson v. Perales, 402 U.S. 389, 401 (1971). It is more than a scintilla but less than a 26
preponderance. See *Saelee v. Chater*, 94 F.3d 520, 522 (9th Cir. 1996). 27 The court must consider
the record as a whole, not isolate a specific portion thereof. 28 1 The parties consented to the
jurisdiction of a United States Magistrate Judge. Docs. 7, 8. *Robbins v. Social Security Admin.*,
466 F.3d 880, 882 (9th Cir. 2006). If the evidence could 2 reasonably support two conclusions, the
court “may not substitute its judgment for that of the 3 Commissioner” and must affirm the
decision. *Jamerson v. Chater*, 112 F.3d 1064, 1066 (9th Cir. 4 1997) (citation omitted). “[T]he
court will not reverse an ALJ’s decision for harmless error, which 5 exists when it is clear from the
record that the ALJ’s error was inconsequential to the ultimate 6 nondisability determination.”
Tommasetti v. Astrue, 533 F.3d 1035, 1038 (9th Cir. 2008). 7 To qualify for benefits under the
Social Security Act, a plaintiff must establish that 8 he or she is unable to engage in substantial
gainful activity due to a medically determinable physical or mental impairment that has lasted or
can be expected to 9 last for a continuous period of not less than twelve months. 42 U.S.C. § 10
1382c(a)(3)(A). An individual shall be considered to have a disability only if . . . his physical or
mental impairment or impairments are of such severity that he is not 11 only unable to do his
previous work, but cannot, considering his age, education, and work experience, engage in any
other kind of substantial gainful work which exists 12 in the national economy, regardless of
whether such work exists in the immediate area in which he lives, or whether a specific job
vacancy exists for him, or whether 13 he would be hired if he applied for work. 14 42 U.S.C.
§1382c(a)(3)(B). 15 A disability claim is evaluated using five-step analysis. 20 C.F.R. §§
416.920(a)-(f). The 16 ALJ proceeds through the steps and stops upon reaching a dispositive
finding that the claimant is 17 or is not disabled. 20 C.F.R. §§ 416.927, 416.929. 18 Specifically,

the ALJ is required to determine: (1) whether a claimant engaged in substantial gainful activity during the period of alleged disability, (2) whether the claimant had medically determinable “severe impairments,” (3) whether these impairments meet or are medically equivalent to one of the listed impairments set forth in 20 C.F.R. § 404, Subpart P, Appendix 1, (4) whether the claimant retained the residual functional capacity (“RFC”) to perform past relevant work, and (5) whether the claimant had the ability to perform other jobs existing in significant numbers at the national and regional level. 20 C.F.R. § 416.920(a)-(f). While the Plaintiff bears the burden of proof at steps one through four, the burden shifts to the commissioner at step five to prove that Plaintiff can perform other work in the national economy given her RFC, age, education and work experience. *Garrison v. Colvin*, 759 F.3d 995, 1011 (9th Cir. 2014). IV. The ALJ’s Decision 2 At step one the ALJ found that Plaintiff had not engaged in substantial gainful activity since the alleged disability onset date of January 9, 2021. AR 26. At step two the ALJ found that Plaintiff 4 had the following severe impairments: degenerative disc disease of the lumbar, cervical, and 5 thoracic spine; vertigo; anxiety; and depression. *Id.* 6 At step three the ALJ found that Plaintiff did not have an impairment or combination thereof 7 that met or medically equaled the severity of one of the impairments listed in 20 C.F.R. Part 404, 8 Subpart P, Appendix 1. AR 26–28. 9 Prior to step four, the ALJ evaluated Plaintiff’s residual functional capacity (RFC) and 10 concluded that Plaintiff had the RFC to perform light work as defined in 20 C.F.R. 404.1567(b) 11 with the following limitations: 12 the claimant is frequently able to climb ramps and stairs, and is never able to climb 13 ladders, ropes and scaffolds. The claimant is frequently able to balance, crawl, crouch, kneel and stoop and should not work in environments exposing him to 14 unprotected heights or machinery with dangerous, moving mechanical parts. The 15 claimant is able to perform jobs of a non-complex nature requiring the performance of no more than simple, routine tasks 16 AR 28–34. 17 At step four the ALJ concluded that Plaintiff could not perform his past relevant work as a 18 floor/wall applier, floor technician/carpenter due to the very heavy exertional level required. AR 19

34. At step five, in reliance on the VE’s testimony, the ALJ found that there were jobs existing in 20 significant numbers in the national economy which Plaintiff could perform: small parts assembler; 21 production assembler; and router clerk. AR 35. Accordingly, the ALJ concluded that Plaintiff was 22 not disabled since the alleged disability onset date of January 9, 2021. AR 36. 23 V. Issues Presented 24 Plaintiff asserts the following claims of error: that the ALJ failed to properly evaluate his 25 testimony regarding mental and physical dysfunction, and failed to properly evaluate the medical 26 opinions of Drs. Torres and Soriano concerning the same. 27 28 A. Mental RFC 2 Before proceeding to steps four and five, the ALJ determines the claimant’s residual 3 functional capacity (RFC) which is “the most [one] can still do despite [his or her] limitations” and 4 5 represents an assessment “based on all the relevant evidence.” 20 C.F.R. § 416.945(a)(1). The 6 RFC must consider all of the claimant’s impairments, severe or not. 20 C.F.R. §§ 416.920(e), 7 416.945(a)(2). “The ALJ can meet this burden by setting out a detailed

and thorough summary of 8 the facts and conflicting evidence, stating his interpretation thereof, and making findings.” 9 *Magallanes v. Bowen*, 881 F.2d 747, 751 (9th Cir. 1989). 10

1. Plaintiff’s Testimony

11 a. Applicable Law 12 13 An ALJ performs a two-step analysis to determine whether a claimant’s testimony regarding 14 subjective pain or symptoms is credible. See *Garrison v. Colvin*, 759 F.3d 995, 1014 (9th Cir. 15 2014); *Smolen*, 80 F.3d at 1281; S.S.R. 16-3p at 3. First, the claimant must produce objective 16 medical evidence of an impairment that could reasonably be expected to produce some degree of 17 the symptom or pain alleged. *Garrison*, 759 F.3d at 1014; *Smolen*, 80 F.3d at 1281–82. If the 18 claimant satisfies the first step and there is no evidence of malingering, the ALJ must “evaluate the 19 intensity and persistence of [the claimant’s] symptoms to determine the extent to which the 20 21 symptoms limit an individual’s ability to perform work-related activities.” S.S.R. 16-3p at 2. 22 An ALJ’s evaluation of a claimant’s testimony must be supported by specific, clear and 23 convincing reasons. *Burrell v. Colvin*, 775 F.3d 1133, 1136 (9th Cir. 2014); see also S.S.R. 16-3p 24 at *10. Subjective testimony “cannot be rejected on the sole ground that it is not fully corroborated 25 by objective medical evidence,” but the medical evidence “is still a relevant factor in determining 26 the severity of claimant’s pain and its disabling effects.” *Rollins v. Massanari*, 261 F.3d 853, 857 27 28 (9th Cir. 2001); S.S.R. 16-3p (citing 20 C.F.R. § 404.1529(c)(2)). In addition to the objective evidence, the other factors considered are: 1- daily activities; 2 2- the location, duration, frequency, and intensity of pain or other symptoms; 3- precipitating and 3 aggravating factors; 4- the type, dosage, effectiveness, and side effects of any medication; 5- 4 5 treatment other than medication; 6- other measures the claimant uses to relieve pain or other 6 symptom; and 7- Other factors concerning the claimant’s functional limitations and restrictions 7 due to pain or other symptoms. See, 20 C.F.R. § 416.929(c)(3). 8 b. Analysis 9 Plaintiff began experiencing dizziness and neurological abnormalities following a situation 10 at his job in 2017 where he was required to use acetone cleaner in a confined space with no 11 ventilation. AR 62–63. He was unable to work after this incident. 12 13 Plaintiff emphasizes his testimony that this incident gave rise to a variety of other symptoms 14 and mental limitations including: concentration deficits, crying episodes, anxiety, social isolation, 15 difficulty speaking with other people, difficulty following directions, difficulty handling stress, and 16 difficulty handling changes in routine. MSJ at 7 (citing AR 67-69, 298, 302-304, 350-351). 17 As to the objective evidence, Plaintiff highlights three abnormalities that were consistently 18 noted in the record which he contends corroborate his alleged mental symptoms and limitations: 1- 19 anxious and depressed mood; 2- impaired insight and judgment; 2 and 3- highly circumstantial 20 21 thought process focused on his medical problems. MSJ at 8 (citing AR 43, 45, 48, 51, 649-650, 22 666-667, 671, 676-677, 683, 686, 689, 639, 697). 23 Relevantly, the ALJ cited numerous normal examination findings (AR 31–32) which 24 Plaintiff contends was merely a generalized summary of medical evidence that was insufficiently 25 specific to meet the Ninth Circuit’s clear and convincing reasoning standard. MSJ at 8–9. In 26

addition, Plaintiff disputes Defendant's related discussion as an impermissible post-hoc rationalization of the ALJ's decision, one which was supported by citations the ALJ did not cite. Plaintiff's argument here is not entirely persuasive as all agree that the vast majority of the mental health treatment records during the relevant period are found in the Fresno County Behavioral Health records dated November 25, 2020 through May 11, 2022—located at Exhibit 6 7F, 10F, and 11F (AR 649–52; 666–698)—which show largely unremarkable findings. The ALJ cited and described their contents extensively though Defendant perhaps presented them in a more persuasive manner and cited to some specific pages which the ALJ did not. Importantly, the examination findings reflected in those exhibits did not significantly vary and are the same exhibits Plaintiff cites as demonstrating depressed and anxious mood, impaired insight and judgment³, and a highly circumstantial thought process. MSJ at 8 (citing AR 43, 45, 48, 12 13 51, 649–650, 666–667, 671, 676–677, 683, 686, 689, 639, 697). As such, they are well within the purview of judicial review even if the ALJ did not pin cite each page or exhaustively list each finding therein. In addition, no inferential leaps were required to ascertain, as the ALJ alluded to, that the Plaintiff's presentation was consistently normal save for the findings Plaintiff emphasized: anxious/depressed mood, limited insight, and circumstantial thought process. The normal findings included: cooperative behavior, no abnormal motor activity, normal cognition, intact concentration,⁴ normal speech, normal orientation, and organized thought process⁵ (649–650, 666–667, 671, 676–677, 683, 686, 689, 639, 697). In sum, Plaintiff is not correct that the 23 24 3 To be more exact, only insight was impaired. "Insight and judgment" was 1 category for which the clinician checked the box corresponding to "impaired," but in the narrative comments immediately below the check box the 25 clinician stated "limited insight and fair judgment." See, e.g., AR 650, 667, 674. 4 Which is highly relevant to Plaintiff's subjective perception that he struggles with concentration. 26 5 Which is also highly relevant as the full description of thought process was "logical, coherent, highly circumstantial and focused on vague, mostly somatic symptoms." This reflects the provider's assessment that Plaintiff's overall 27 thought process was organized, logical, and coherent despite the focus on somatic symptoms. Moreover, this is not a post-hoc rationalization of the ALJ's decision, but rather a rebuttal to Plaintiff's argument that circumstantial thought 28 process was an abnormality the ALJ overlooked or minimized when in fact the records do not reflect an overall abnormal thought process. record reflected impaired judgment, or that a highly circumstantial thought process was indicative 2 of overall abnormal thought content, especially given that the provider characterized the thought 3 process as logical and coherent despite the circumstantial focus on somatic symptoms. The 4 5 remaining abnormalities of limited insight and anxious/depressed mood are significantly 6 outweighed by the normal findings as noted above. 7 The ALJ also found that the record demonstrates Plaintiff was "noncompliant with 8 medications including not starting [duloxetine] or gabapentin and never taking mirtazapine," which 9 Defendant also emphasizes. Defendant is correct that an unexplained

or inadequately explained 10 failure to seek or follow a treatment regimen may be the basis for an adverse credibility finding. 11 *Orn v. Astrue*, 495 F.3d 625, 638 (9th Cir. 2007). 12 13 However, as to Plaintiff not starting gabapentin or duloxetine, and never taking mirtazapine, 14 that notation appears in Plaintiff's chart as of June 2018 and December 2018---long before the 15 January 2021 alleged onset date---and was carried over to each follow up visit thereafter. See, e.g.

16 AR 650. Another chart note indicates that Plaintiff refused Gabapentin as of May 2020, which is 17 also before the relevant period. AR 626. An additional chart note indicates that Gabapentin was 18 discontinued "by other MD" as of December 2020. AR 604. Another chart note indicates it was 19 unclear if Plaintiff was or was not taking it. AR 649. Importantly, this does not establish non- 20 21 compliance with gabapentin, mirtazapine, or duloxetine. 22 The ALJ also noted another instance of non-compliance with prescribed Compazine during 23 an encounter dated February 25, 2022. AR 666. Plaintiff responds that the provider also noted that 24 Plaintiff was taking Clonazepam (Tr. 666), he was responding to this medication, and other 25 medications had been ineffective or intolerable or both over the course of several years (Tr. 667). 26 Reply at 3. Ineffectiveness and intolerability of the medication is arguably an adequate reason not 27 28 to take it. Even if not, this appears to be an isolated incident which does not suggest a pattern of treatment non-compliance. 2 Plaintiff also disputes the ALJ's finding that his symptoms improved with treatment. 3 Plaintiff contends the medical evidence did not show that he experienced any significant or material 4 5 improvement in his mental symptoms that warranted a rejection of his testimony, rather "Treatment 6 notes reflected consistent and ongoing mental symptoms for which Plaintiff regularly followed up 7 with a psychiatrist and took medications (Depakote and Clonazepam)." However, the ALJ noted 8 that on March 5, 2021, Plaintiff reported his "episodes [of dizziness] have decreased and intensity 9 has improved significantly." AR 683. On this point, progress notes dated February 25, 2022, 10 indicate anxiety and depression scores of 5/10 (AR 666) in contrast to scores of 6, 7, and 8/10 from 11 earlier exams dated March 2, 2021 (AR 685), March 5, 2021 (AR 676) and June 8, 2021 (AR 682). 12 13 Plaintiff further contends that "the mere fact that Plaintiff received some marginal benefit 14 from medications did not show that his mental functioning improved to the level that he could 15 return to full-time gainful work activity." MSJ at 10. But a 2-3-point improvement on a 10-point 16 scale in Plaintiff's self-reported depression and anxiety severity is more than a marginal benefit. 17 Secondly, the ALJ need not establish Plaintiff's ability to return to full time work in order to satisfy 18 the clear and convincing reasoning standard for discounting his allegations. See *Valentine v. 19 Commissioner Social Sec. Admin.*, 574 F.3d 685, 693 (9th Cir. 2009) (finding the ALJ satisfied the 20 21 "clear and convincing" standard for an adverse credibility determination where claimant engaged 22 in "gardening and community activities . . . evidence [which] did not suggest Valentine could 23 return to his old job," but "did suggest that Valentine's later claims about the severity of his 24 limitations were exaggerated."). 25 In sum, the ALJ's overall reasoning was clear and convincing

in consideration of: 1- the 26 largely normal mental status examination findings discussed above—
i.e. normal in every respect 27 28 except anxious/depressed mood, limited insight, and
circumstantial (but otherwise normal) thought process—and, 2- significant improvement in his
symptoms and self-reported depression and 2 anxiety scores. 3 Although the ALJ’s discussion was
not a model of clarity, the ALJ’s reasoning was 4 5 sufficiently clear and convincing to establish
that the ALJ did not “arbitrarily discredit” Plaintiff’s 6 testimony about his alleged mental health
symptoms. *Thomas v. Barnhart*, 278 F.3d 947, 958 (9th
7 Cir. 2002) (citing *Bunnell v. Sullivan*, 947 F.2d 341, 345–46 (9th Cir. 1991)).

8 2. Dr. Torres’ Opinion 9 a. Applicable Law 10 For applications filed on or after March 27, 2017,
the new regulations eliminate a hierarchy 11 of medical opinions and provide that “[w]e will not
defer or give any specific evidentiary weight, 12 13 including controlling weight, to any medical
opinion(s) or prior administrative medical finding(s), 14 including those from your medical
sources.” 20 C.F.R. § 404.1520c(a). Rather, when evaluating 15 any medical opinion, the
regulations provide that the ALJ will consider the factors of supportability, 16 consistency,
treatment relationship, specialization, and other factors. 20 C.F.R. § 404.1520c(c). 17
Supportability and consistency are the two most important factors and the agency will articulate 18
how the factors of supportability and consistency are considered. *Id.* 19 20 21 b. Analysis 22
Plaintiff explains as follows: 23 In September 2023, Plaintiff’s psychiatrist, Ann Marie Torres,
M.D., completed a mental disorder questionnaire (Tr. 836-837). Dr. Torres noted that Plaintiff had
24 diagnoses of anxiety and depressive disorders, as well as rule out panic disorder and 25 rule out
somatic symptom disorder (Tr. 836). Dr. Torres opined that Plaintiff had concentration and
isolation problems that would impair his ability to work but would 26 not entirely preclude his
ability to perform full-time work (Tr. 836). Dr. Torres further opined that Plaintiff’s mental illness
impaired his ability to adapt to stresses 27 common to a normal work environment, and he had
dizziness and nausea when he 28 had to be around people outside his home or he had to change his
routine in any way (Tr. 837). ... 2 Here, the ALJ found that Dr. Torres’ opinion was generally
persuasive (Tr. 34). Specifically, the ALJ indicted that he was crediting Dr. Torres’ finding
regarding 3 stressful environments and incorporating that finding into Plaintiff’s residual
functional capacity (RFC) (Tr. 34). Yet, ultimately, the ALJ formulated an RFC that 4 failed to
accommodate Dr. Torres’ assessment that mental illness impaired 5 Plaintiff’s ability to adapt to
stresses common to a normal work environment, and he had dizziness and nausea when he had to
be around people outside his home or 6 he had to change his routine in any way (Tr. 837). While
the ALJ limited Plaintiff to work involving simple, routine tasks, merely restricting the complexity
of work 7 did not ensure that the work would not involve significant stress and workplace
changes. 8 9 MSJ at 12, 14 (emphasis added). 10 Thus, Plaintiff contends that, despite Dr. Torres
opining that Plaintiff’s mental limitations 11 were not work preclusive, the ALJ nevertheless found
the opinion generally persuasive and 12 expressed an intention to incorporate the limitations
identified therein. However, Plaintiff argues 13 that the ALJ nevertheless failed to do so because

the RFC limitation to “simple, routine” tasks did not account for Plaintiff’s low tolerance for stress and changes in routine. Plaintiff contends that task complexity is a distinct concept from stress tolerance and changes in routine. To the contrary, “district courts throughout the Circuit have [] concluded a claimant’s low tolerance for stress or moderate limitations in dealing with changes are encompassed in a residual functional capacity of simple, repetitive tasks.” *Henry v. Colvin*, No. 1:15-CV-00100-JLT, 2016 WL 164956, at *18 (E.D. Cal. Jan. 14, 2016) (collecting cases). Plaintiff cites non-controlling caselaw which he contends establishes the opposite. Even so, the view expressed by this court in *Henry* and the cases cited therein are more persuasive. Task complexity and stress tolerance are certainly correlated, and it is difficult to argue otherwise. Generally speaking, complex tasks are more stressful than simple tasks. As to Plaintiff’s low tolerance for changes in routine, the RFC for “routine” tasks plainly accounts for that. The most natural interpretation of that word in this context suggests a static routine, not a changing routine. Finally, with respect to Dr. Torres’ statement that Plaintiff experiences dizziness and nausea when he is around others, that is not a medical opinion but rather a symptom. “A medical opinion is a statement from a medical source about what you can still do despite your impairment(s).” 20 C.F.R. § 404.1513(a)(2). Even assuming Dr. Torres was expressing an opinion that Plaintiff does in fact experience dizziness and nausea as symptoms of social anxiety, Dr. Torres did not take the next step of explaining what impact those symptoms have on Plaintiff’s ability to interact with others in the workplace. From this it would be difficult to conclude that Dr. Torres believed that Plaintiff had no ability to interact with other individuals for any amount of time. In sum, Plaintiff establishes no error in the ALJ’s treatment or consideration of Dr. Torres’ opinion. B. Physical RFC 1. Dr. Rachna Soriano On June 3, 2020, Dr. Soriano completed medical interrogatories describing Plaintiff’s physical functionality. AR 383–88. Plaintiff contends the ALJ did not evaluate or consider the opinion. Indeed, the ALJ did not. However, as Defendant emphasizes, the form Dr. Soriano completed stated it applied from “April 1, 2018 through current,” and listed the alleged onset date as May 17, 2017, which applied to a prior disability claim. The onset date for the current claim, by contrast, is January 9, 2021. AR 20 21 26. Thus, Dr. Soriano’s opinion does not apply to the period under review, and Plaintiff does not argue otherwise.

2. Plaintiff’s Testimony About Physical Dysfunction

Plaintiff again discusses his dizziness and other somatic manifestations of his anxiety. The discussion is duplicative of his argument about his subjective mental complaints including: 1) that his complaints were consistently corroborated in the record, 2) that the ALJ relied on a generalized summary of evidence rather than specific findings, and 3) that his symptoms only improved somewhat with Clonazepam but still were a substantial barrier to his ability to work. MSJ at 10– 2

12. Here, Plaintiff breaks no new ground in explaining the ALJ’s alleged errors in evaluating his 3 physical manifestations of anxiety. 4 5 Plaintiff also discusses his lumbar spine impairment. At

the hearing Plaintiff explained the 6 impediments to his ability to work, but his spinal impairment was not one of them. Plaintiff testified 7 that he used to lift up to 100 pounds as a floor installer which he performed until 2017 when there 8 was an incident while he was cleaning with acetone in a room with no ventilation. AR 62-63. At 9 that point he states that he began experiencing dizziness, palpitations, tongue numbness, nausea, 10 and blurry vision. AR 66. When asked what else prevents him from engaging in activities he did 11 not mention back pain, radicular pain, muscle spasms, range of motion difficulties, weight lifting 12 13 limitations or related symptoms. Id. 14 Plaintiff emphasizes that imaging studies in 2020 and 2022 showed that Plaintiff had multi-15 level disc bulging and protrusions with annular fissures and abutment (possible impingement) of 16 the traversing L5 nerve roots, central canal stenosis, and marked mass effect on the thecal sac of 17 the spinal cord. AR 414, 732. Plaintiff acknowledges that his back impairment did improve for a 18 period of time, but he re-aggravated his back in 2022-2023¹⁶ and an MRI showed comparably similar 19 severe pathology as the prior MRIs. AR 732, 787. 20 21 Although these MRI reports do seem to describe severe pathology, including marked 22 central canal stenosis, the physical examination evidence was not consistently abnormal during the 23 relevant period. 24 Plaintiff contends that the most recent physical examinations showed that he had spasms 25 and tenderness to his paravertebral muscles (Tr. 877), positive straight leg-raise testing (Tr. 877), 26 27 28 6 In his factual summary Plaintiff cited a July 2023 visit indicating the exacerbation occurred one year earlier when bending over. MSJ at 4 (citing AR 787). an antalgic gait, significantly reduced lumbar spine range of motion, decreased weightbearing on 2 the right lower extremity, and reduced hip strength (Tr. 787-788). 3 Notably, Plaintiff's two cited visits show opposite findings in several respects. The first 4 5 visit Plaintiff cites is dated June 14, 2023, which noted, as Plaintiff emphasizes, spasm and 6 tenderness in his paravertebral muscles and positive straight leg raise, AR 877. However, the 7 second visit dated July 20, 2023, showed negative straight leg raise. AR 788. 8 Plaintiff points that the July 2023 visit noted several gait abnormalities—including antalgic 9 gait and reduced weight bearing on the right,—significantly reduced lumbar ROM (20 degrees of 10 flexion), and reduced hip strength. AR 787–88. The June 2023 visit, by contrast, showed normal 11 gait and normal lumbar ROM (up to 90 degrees of flexion), though no strength testing was noted. 12 13 AR 877. 14 Further, as the ALJ noted, the June 2023 visit states as follows: 15 Patient had appt with Dr. Daniels Ortho on 5/26/23. Per patient he gave provider his CD of MRI and was determined to get Steroid Injections but since patient was not 16 having pain it was determined that no injections were needed. states he has been 17 feeling better. Patient has not gotten MRI scheduled yet he is concerned because he had one done about 1 year ago. which showed spinal stenosis and other disc 18 displacement in lumbar region. Patient states he has noticed his back pain has decreased but has intermittent right leg pain. 19 AR 31, 807, 876 (emphasis added) 20 Plaintiff's contention that his back symptoms regressed after his 2022 re-injury is 21 undermined by the significantly contrasting findings between the June 2023 and July 2023 visits, 22 specifically: 1-the notation from the June 2023 visit that no injections were needed

because he was 23 not having pain, and 2- the subsequent statement that he had decreased back pain and only 24 25 intermittent right leg pain.⁷ As to the period prior to the alleged re-aggravation in mid-2022, 26 27 7 The ALJ stated that Plaintiff reported in February and May of 2023 that he was feeling better and therefore “did not need back surgery.” AR 31, 812, 832 (emphasis added). The record actually states “Patient currently seeing 28 Neurosurgeon, states he has been feeling better. He states he does need back surgery he is just waiting to get scheduled.” Id. Nevertheless, his statement that he does need surgery is not a useful indicator of his pain or limitation. Plaintiff does not provide an argument about what that evidence demonstrates or why the ALJ’s 2 findings concerning same are insufficient. 3 In sum, Plaintiff identifies no error in the ALJ’s treatment of the records concerning 4 5 Plaintiff’s physical impairments. 6 VI. Conclusion & Order 7 For the reasons stated above, substantial evidence and applicable law support the ALJ’s 8 conclusion that Plaintiff was not disabled. Accordingly, it is ordered that: 9

1. Plaintiff’s motion for summary judgment (Doc. 11) is DENIED.

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2. Defendant’s cross motion (Doc. 15) is GRANTED.

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3. The Clerk of Court is directed to enter judgment in favor of Defendant

12 13 Commissioner of Social Security and against Plaintiff. 14 15 IT IS SO ORDERED. 16

Dated: April 16, 2025 /s/ Gary S. Austin

17 UNITED STATES MAGISTRATE JUDGE

18 19 20 21 22 23 24 25 26 27 28