

**UNITED STATES DISTRICT COURT FOR THE WESTERN DISTRICT OF
VIRGINIA, ROANOKE DIVISION**

Bruce A. Estes v. Virginia Department of Corrections, et al.

Estes · No. 7:25-cv-00817 · Decided June 16, 2026

OPINION

AT HARRISONBURG, VA FILED June 16, 2026 IN THE UNITED STATES DISTRICT COURT WESTERN DISTRICT OF VIRGINIA LAURA A. AUSTIN, CLERK ROANOKE DIVISION By: S/J.Vasquez DEPUTY CLERK BRUCE A. ESTES,) Plaintiff,) Civil Action No. 7:25-cv-00817) Vv.)) By: Elizabeth K. Dillon VIRGINIA DEPARTMENT OF) Chief United States District Judge CORRECTIONS, et al.,) Defendants.) MEMORANDUM OPINION AND ORDER Pro se plaintiff Bruce A. Estes, a Virginia inmate at Green Rock Correctional Center, filed this 42 U.S.C. § 1983 complaint alleging deliberate indifference to his serious medical needs.

(See Dkt. No. 1, Compl.) Estes alleges that he has been diagnosed with multiple herniated discs in his spine and medical specialists recommended the use of a TENS Unit. (Compl. 7-8.) Estes filed a motion or a preliminary injunction “compelling defendants to provide the treatments recommended by plaintiff’s specialists, including a TENS Unit, pain management referral, and orthopedic consultation.” (Dkt.

No. 2.) Estes also moved for a temporary restraining order “requiring Green Rock Correctional Center and VADOC to exempt plaintiff from any activity or program which would require him to have to sit or stand in combination until adequate pain management be made available and cleared by a specialist.” (Dkt. No. 3.)

The court notes that plaintiff filed with the court additional evidence pertaining to grievances. (Dkt. No. 20.) Within those documents, a Level II grievance was denied on February 2, 2026, with the following note: “Based on the information provided and upon further investigation, the Level I response of UNFOUNDED will be UPHELD. You are receiving a TENS unit, Ibuprofen 600mg three times daily as needed as KOP, and Lidocaine patch twice daily as needed.” (Id. at 8.)

Thus, it appears to the court that Estes’s motions for injunctive relief are moot, as he has received the pain management treatment recommended by specialists, specifically the use of a TENS Unit. See, e.g., *Caballero v. Aranas*, 3:19-cv-00079-MMD-CLB, 2020 WL 8459158, at *3 (D. Nev. Dec. 11, 2020) (explaining that a prisoner requesting a preliminary injunction for examination by a doctor “was seen by Dr. Benson who completed two radiographs..., along with other testing,....

Thus, because Dr. Benson has already treated Caballero, the relief requested is moot”). For these reasons, it is HEREBY ORDERED that plaintiff’s motions for a preliminary injunction and a

temporary restraining order (Dkt. Nos. 2, 3) are DISMISSED WITHOUT PREJUDICE as moot.

The Clerk shall send a copy of this memorandum opinion and order to plaintiff and to all counsel of record. Entered: June 16, 2026. /s/ Elizabeth K. Dillon Elizabeth K. Dillon Chief United States District Judge